


**WHERE
TO GO
WHEN YOU NEED
HELP**

2021 EDITION

**WHERE TO GO
WHEN YOU NEED HELP
2021 Edition**

**DAUPHIN
COUNTY**



Dauphin County Board of Commissioners

**Jeff Haste
Mike Pries
George P. Hartwick III.**

TABLE OF CONTENTS

| | |
|--|----|
| Abuse | 3 |
| Adoption and foster services | 5 |
| Aids | 6 |
| Alcohol problems | 7 |
| Breast cancer | 9 |
| Prostate cancer | 10 |
| Bullying | 10 |
| Child abuse | 10 |
| Children | 11 |
| Consumer protection | 17 |
| Telemarketers | 18 |
| Disabilities | 18 |
| Drug problems | 20 |
| Eating disorders | 22 |
| Education for adults | 23 |
| Emergency help | 25 |
| Ethnic/racial discrimination or intimidation | 27 |
| Food assistance | 28 |
| Gambling problems | 32 |
| Gay/lesbian and related organizations | 32 |
| Heating assistance | 33 |
| Hispanic community | 35 |
| Housing/shelters | 36 |
| Immigration | 40 |
| Legal aid | 41 |
| Medical | 42 |
| Poison | 45 |
| Mental health | 46 |
| Suicide | 49 |
| Teens | 49 |
| Mentors | 50 |
| Parenting | 53 |
| Pregnancy services | 54 |
| Rape | 56 |
| Senior citizens | 57 |
| Veterans | 60 |
| Victims | 62 |
| Volunteer | 63 |
| Women | 64 |
| Other help | 67 |

ABUSE **(See also CHILD** **ABUSE, RAPE and** **WOMEN)**

ACCESS YORK

(YWCA York)

York County's provider of comprehensive services to victims of violence in our community, with expertise in working with those impacted by domestic violence, sexual assault, and human trafficking.

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

www.ywcayork.org/victim-services

YWCA OF **GREATER HARRISBURG**

Violence intervention and prevention services. Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211

1101 Market St., Harrisburg

www.ywcahb.org

CHILDLINE

State child abuse registry.

To report suspected child abuse or general child well-being concerns.
800-932-0313

DOMESTIC VIOLENCE

HOTLINES (By county)

ADAMS: 800-787-8106

CUBERLAND: 800-852-2102

DUPHIN: 800-654-1211

FRANKIN/FULTON: 800-621-6660

JUNIAT/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451,

717-273-7190

NORTHUMBERLAND/UNION/

SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

PENNSYLVANIA COALITION **AGAINST DOMESTIC** **VIOLENCE**

A statewide collaborative membership organization committed to ending intimate partner violence and all forms of violence against women. National hotline

800-799-SAFE (7233)

Local number

717-545-6400

3605 Vartan Way, Suite 101,
Harrisburg www.pcadv.org

**PRECIOUS HEARTS
FOUNDATION**

Aids victims of domestic abuse
with temporary housing and other
services.

877-731-2210

www.preciousheartsfoundation.org

ELDER ABUSE HOTLINE-PA.

To report abuse of elderly
individuals or
adults with disabilities.

800-490-8505

MIDPENN LEGAL SERVICES

Provides high quality free civil
legal services to low-income
residents and survivors of
domestic violence and sexual
assault in 18 counties in Central
Pennsylvania.

Harrisburg office:

213-A N. Front St., Harrisburg

www.midpenn.org

For Help in Adams, Bedford,
Berks, Blair, Centre, Clearfield,
Cumberland, Dauphin, Franklin,
Fulton, Huntingdon, Juniata,
Lancaster, Lebanon, Mifflin, Perry
& Schuylkill Counties:

(800)326-9177

For Help in York County:

(717)848-3605

Administration Phone (717)234-
0492

**NATIONAL SEXUAL
ASSAULT HOTLINE**

800-656-HOPE (4673)

**NATIONAL SEXUAL
VIOLENCE
RESOURCE CENTER**

Provides information and tools to
prevent and respond to sexual
violence.

717-909-0710

877-739-3895

2101 N. Front St., Building 2,
Harrisburg

www.nsvrc.org

**PENNSYLVANIA COALITION
AGAINST RAPE**

Works to end sexual violence and
advocates for the rights and needs
of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

2101 N. Front St., Building 2,
Harrisburg

www.pcar.org

**SEXUAL ASSAULT
RESOURCE & COUNSELING
CENTER**

Prevents sexual violence and
promotes healing for those
impacted.

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

www.sarclebanon.org

**YWCA OF CARLISLE –
SEXUAL ASSAULT/RAPE
CRISIS SERVICES
OF CUMBERLAND COUNTY**
888-727-2877
301 G Street, Carlisle
www.ywcaCarlisle.org

ADOPTION AND FOSTER SERVICES

ADOPTIONS FROM THE HEART

Mission is to provide safe, loving homes for children and offer comprehensive, high-quality services to adoptive families, birth parents, and children.

800-355-5500
Central Pennsylvania office
717-399-7766 www.aftH.org
5630 Linglestown Rd. Suite 3012
Harrisburg, PA 17112

CATHOLIC CHARITIES

Assists birthparents, adoptive families and children with adoptions that meet the needs of all three groups.

717-564-7115
939 East Park Drive, Suite 103,
Harrisburg
www.cchbg.org

COMMON SENSE ADOPTION SERVICES

A licensed, non-profit adoption and foster care agency.

717-412-0772
800-445-2444
1215 Manor Dr. Suite 206
Mechanicsburg, PA 17055
www.commonSenseAdoption.org

DIAKON ADOPTION & FOSTER CARE

1-877-342-5667
www.diakon.org

JEWISH FAMILY SERVICE OF GREATER HARRISBURG INC.

717-233-1681
3333 N. Front St., Harrisburg
www.jfsofHbg.org

PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION

Advocates for all those who care about children and their families.
800-951-5151
PO Box 60216, Harrisburg 17106
www.psrfa.org

SWAN (Statewide Adoption and Permanency Network)

A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services.
800-585-7926
www.adoptpakids.org

UNITED METHODIST HOME FOR CHILDREN INC.

An affiliate of the Statewide Adoption and Permanency Network
717-766-7652
www.umhc.org

AIDS**AIDS FACTLINE (PENNSYLVANIA)**
800-662-6080**ALDER HEALTH SERVICES**

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.
717-233-7190
100 N. Cameron St., Suite 201, Harrisburg
www.alderhealth.org

CENTER FOR DISEASE CONTROL AND PREVENTION

800-CDC-INFO (800-232-4636)
TTY: 888-232-6348
www.cdc.gov/hiv

FAMILY HEALTH COUNCIL OF CENTRAL PA.

Funds eight agencies that provide supportive services, HIV interventions, prevention education, and housing for people living with HIV and their families.
717-761-7380
www.fhccp.org

THE HOPE PROGRAM

Provides expert HIV care and support in a confidential community setting. Part of Hamilton Health Center.
717-230-3949
110 S. 17th St., Harrisburg

UPMC PINNACLEHEALTH – REACCH

Offers free and confidential HIV testing as well as primary HIV care and treatment for men, women and adolescents.
717-782-2750
2501 N. Third St., second floor, Harrisburg

ALCOHOL PROBLEMS

(See also DRUG PROBLEMS)

CONTACT HELPLINE

24/7 information and referral service

800-932-4616

Dial 2-1-1

www.contacthelpline.org

ADDICTION HOPE AND HELP LINE

800-277-8616

ALCOHOLICS ANONYMOUS

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The Central Service Office is located in the Fellowship House, 1251 S. 19th St., Harrisburg.

717-234-5390

www.aaharrisburg.org

ALCOHOLICS AND NARCOTICS HELPLINE

24 hours

717-238-5920

AL-ANON/ALATEEN

For information on where to find a local meeting:

www.pa-al-anon.org

BABY LOVE

Provides free services designed to meet the physical, emotional and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

www.babylove.hamiltonhealthcenter.com

BETHESDA MISSION

Helps lives affected by drug and alcohol addiction

611 Reily St., Harrisburg (Men's Mission House)

717-257-4442

www.bethesdamission.org

COLONIAL PARK HOUSE

Offers recovery residences for men and women.

717-825-5919

www.colonialparkiop.com

DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

**DAYSTAR CENTER FOR
SPIRITUAL RECOVERY**

A community based residential treatment facility for men recovering from substance use disorders.
717-230-9898
125 N. 18th St., Harrisburg
www.daystarrecovery.com

**EVERGREEN HOUSE
(Catholic Charities)**

Provides a safe, secure, nurturing environment for women recovering from addiction.
120 Willow Road, Suite B,
Harrisburg
717-412-4594
www.cchbg.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.
Gaudenzia Common Ground offers assessment and detoxification services at 3740 Chambers Hill Road, Harrisburg
717-238-5553
888-237-8984
www.gaudenzia.org

**JUST FOR TODAY
RECOVERY VETERANS
SUPPORT SERVICES**

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.
717-695-6253
300 Market St., Lemoyne
www.jft-rvss.org

**LIFEPATH CHRISTIAN
MINISTRIES**

Offers a life transformation program for those who sincerely want to beat their addictions.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

**MOTHERS AGAINST DRUNK
DRIVING (MADD)**

Mission is to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking
Pennsylvania office:
610-825-4902
www.madd.org

**PENNSYLVANIA
DEPARTMENT
OF DRUG AND ALCOHOL
PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-4357 www.ddap.pa.gov

PERRY HUMAN SERVICES

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New
Bloomfield

www.perryhumanservices.org

THE RASE PROJECT

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,
Suite 401-E, Harrisburg

www.raseproject.org

BREAST CANCER

**FEEL YOUR BOOBIES
FOUNDATION**

Promotes proactive breast health in young women through strategic education and outreach programs.

717-836-0858

4801 Lindle Road, Harrisburg

www.feelyourboobies.com

**NATIONAL CANCER
INSTITUTE**

800-422-6237

www.cancer.gov

**PENNSYLVANIA BREAST
CANCER COALITION**

Supports and serves breast cancer survivors and their families in Pennsylvania through educational programming, legislative advocacy and breast cancer research grants.

800-377-8828

2397 Quentin Road, Suite B,
Lebanon

www.pabreastcancer.org

**SUSAN G. KOMEN FOR THE
CURE**

Saves lives by meeting the most critical needs in communities and investing in breakthrough research to prevent and cure breast cancer.

877-GO-KOMEN (465-6636)

www.komen.org

PROSTATE CANCER

**AMERICAN CANCER
SOCIETY**
800-227-2345
www.cancer.org

**CANCER TREATMENT
CENTERS OF AMERICA**
833-988-1309
www.cancercenter.com

BULLYING

**PENNSYLVANIA YOUTH
CONGRESS**
Pennsylvania's first and only
statewide LGBTQ youth advocacy
organization.
717-743-1035
413 Walnut St., Harrisburg
www.payouthcongress.org

CHILD ABUSE

TO REPORT CHILD ABUSE
To report suspected child abuse or
general child well-being concerns.
800-932-0313

**ASSOCIATION OF SITES
ADVOCATING CHILD
PROTECTION**
Non-profit organization dedicated
to online child protection.
www.asacp.org

CHILD HELP
Helps victims of child abuse and
neglect through prevention,
intervention and treatment.
800-422-4453
www.childhelp.org

**OFFICE OF THE VICTIM
ADVOCATE**
Represents the interests of crime
victims.
800-563-6399
TTY: 877-349-1064
1101 S. Front St., Suite 5200,
Harrisburg
www.ovpa.gov

PENNSYLVANIA COALITION AGAINST RAPE

Help for victims of sexual abuse,
including information, referrals
and resources.

888-772-7227 (24-hour hotline)

717-728-9740

2101 N. Front St., Building 2,
Harrisburg

www.pcar.org

PENNSYLVANIA FAMILY SUPPORT ALLIANCE

Provides education, support, and
training

programs to make Pennsylvania
safe for children.

717-238-0937

800-448-4906

2000 Linglestown Road, Suite
301, Harrisburg

www.pa-fsa.org

UPMC PINNACLE HEALTH CHILDREN'S RESOURCE CENTER

A child advocacy center dedicated
to reducing the trauma and
aftermath of abuse for children and
their families.

717-782-6800

2645 N. Third St., Harrisburg
618 Cornwall Road, Building 3,
Lebanon

www.pinnaclehealth.org/crc

CHILDREN

(See also MEDICAL, MENTORS,
PARENTING & TEENS)

4-H PROGRAMS

4-H is a community of young
people who are learning
leadership, citizenship and life
skills. Information at the following
counties:

Cumberland

717-240-6500

Dauphin

717-921-8803

Lancaster

717-394-6851

Lebanon

717-270-4391

Perry

717-582-5150

York

717-840-7408

www.extenison.psu.edu

ASERT AUTISM RESOURCE CENTER

Designed to bring together existing
resources for families, providers,
and self-advocates, and allow them
to access a broad array of
information to help meet the needs
of those living with or serving
people with autism.

877-231-4244

www.paautism.org

**AUTISM SOCIETY,
GREATER HARRISBURG
AREA CHAPTER**

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

717-732-8408

PO Box 101, Enola.

www.autismharrisburg.org

**BETHESDA MISSION
COMMUNITY (YOUTH)
CENTER**

Develops meaningful relationships with children, teens, and families in the Harrisburg area.

1438 Herr St., Harrisburg
717-257-5484

www.bethesdamission.org

**BOYS AND GIRLS CLUB OF
HARRISBURG**

Serves as a neighborhood based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

www.bgchbg.org 717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

717-232-1711, 717-512-2833

1313 Monroe St., Harrisburg

**BRIDGES 4 LIFE
(Tri-County Community Action)**

A community-based prevention program for at-risk young adults ages 15-21 to help identify, access, build, and apply resources for success in school, work and life.

717-232-9757

1514 Derry St., Harrisburg

www.cactricounty.org

CAITLIN'S SMILES

Helps children facing chronic or life threatening illnesses through distribution of arts and crafts kits.

717-412-4759

3303 N. Sixth St., Harrisburg

www.caitlins-smiles.org

**CAPITAL AREA HEAD
START**

Gives children a head start in life, empowers parents and strengthens families.

717-541-1795

www.keystonehumanservices.org/capital-area-head-start

**CHILDREN'S HEALTH
INSURANCE
PROGRAM (CHIP)**

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)

www.chipcoverspakids.com

CHILD FIND OF AMERICA

Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.

800-I-AM-LOST (800-426-5678)
www.childfindofamerica.org

CHILDREN'S HOME OF YORK

Empowers children to thrive, strengthens families and enriches communities.

717-755-1033
77 Shoe House Road, York
www.childrenshomeofyork.org

CHILDREN AND YOUTH SERVICES CUMBERLAND COUNTY

Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120
888-697-0371
16 W. High St., Suite 200, Carlisle

CHILDREN & YOUTH OF DAUPHIN COUNTY

Dedicated to the health, safety and welfare of children and families.

717-780-7200
1001 N. Sixth St., Harrisburg

COMMUNITY CHECK UP-CENTER

A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.

717-233-1700
38C Hall Manor
www.communitycheckupcenter.org

EARLY LEARNING RESOURCE CENTERS

(Pennsylvania Department of Human Services)

CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.

Cumberland/Dauphin/Lebanon/Per ry counties
717-210-3334
800-864-4925
www.childcareconsultants.org

FAMILY HEALTH COUNCIL OF CENTRAL PA.

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

www.fhccp.org

GREATER HARRISBURG HEALTHY START

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

717-909-1278

110 S. 17th St., Harrisburg

www.harrisburghealthystart.com

HEEDING GOD'S CALL

An interfaith effort to eliminate illegal use of guns and gun violence.

717-461-3540

219 Hummel St., Harrisburg

www.heedinggodscall.org

HOLDING HOPE

Works to support families of children with life-threatening illnesses being treated at Penn State Hershey Children's Hospital
717-649-8126

www.holdinghope.org

KEYSTONE AUTISM SERVICES

Provides services for children and adults with autism spectrum disorders.

717-220-1465

www.keystonehumanservices.org/autism-services

LANCASTER INTENSIVE DAY TREATMENT

(Catholic Charities)

Serves at-risk youth from nine to 15 who

possess significant emotional and behavioral health needs.

717-295-9630

47 S. Mulberry St., Lancaster

www.cchbg.org

MYNDWORKS COUNSELING

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN
800-843-5678
www.missingkids.org

NEIGHBORHOOD CENTER OF THE UNITED METHODIST CHURCH

Serves a multi-ethnic uptown neighborhood, as well as the total Harrisburg community, with educational, cultural, social service, basic needs, leadership, and recreational programs for children and their families.
717-233-6541
1801 N. Third St., Harrisburg
www.neighborhoodcenterumc.org

NEW HOPE MINISTRIES

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community service activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne).
717-432-2087
99 W. Church St., Dillsburg
www.nhm-pa.org

NORTHERN DAUPHIN HUMAN SERVICES CENTER
Children and Youth services, Probation, Aging, CMU, Drug and Alcohol Services
717-905-2700
877-893-3344
295 State Drive, Elizabethtown

PENN STATE HEALTH PEDIATRIC TRAUMA AND INJURY PREVENTION

Only Level I pediatric trauma center serving the 10-county area of southcentral Pennsylvania. Manages children's serious, sudden injuries.
717-531-8342

PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION

Advocates for all those who care about children and their families.
800-951-5151
PO Box 60216, Harrisburg 17106
www.psrfa.org

PRESSLEY RIDGE

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.
888-777-0820
www.pressleyridge.org

**RONALD MCDONALD
HOUSE**

Keeps children and families together by providing temporary housing at no charge to out-of-town families of seriously ill children who are being treated at Penn State Children's Hospital.
717-533-4001
745 W. Governor Road, Hershey
www.rmhc-centralpa.org

**SPECIAL KIDS NETWORK
HELP PA**

(Pennsylvania Department of Health)
Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.
800-986-4550

**UNITED METHODIST HOME
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.com

**UPMC PINNACLEHEALTH
CHILDREN AND TEEN
CENTER**

717-782-4650
2645 N. Third St., second floor,
Harrisburg

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.
800-WIC-WINS (942-9467)
www.pawic.com
717-230-3979

**YORK COUNTY CHILDREN,
YOUTH, AND FAMILIES**

717-846-8496
800-729-922-7100
W. Market St., Suite 402, York

**YOUTH ADVOCATE
PROGRAMS, INC.**

One of the largest non-profit agencies providing exclusively non-residential, community-based programs.
2007 N. Third St., Harrisburg
717-232-7580
www.yapinc.org

CONSUMER PROTECTION

(See also EMERGENCY HELP & HEATING ASSISTANCE)

BETTER BUSINESS BUREAU

Harrisburg branch
717-364-3250
1337 N. Front St., Harrisburg
www.bbb.org

COMMUNITY JUSTICE PROJECT

Helps low-income consumers protect themselves from abusive practices by lenders, banks, debt collectors and others.
800-322-7572
717-236-9486
118 Locust St., Harrisburg
www.communityjusticeproject.org

CONSUMER ADVOCATE

Represents Pennsylvania consumers regarding matters of their utility service.
800-684-6560
Office of Consumer Advocate
555 Walnut St., 5th Floor,
Forum Place, Harrisburg
www.oca.state.pa.us

FEDERAL TRADE COMMISSION

Protects consumers and competition by preventing anticompetitive, deceptive, and unfair business practices through law enforcement, advocacy, and education without unduly burdening legitimate business.
877-FTC-HELP (382-4357)
www.consumer.ftc.gov

FLOOD INSURANCE INFORMATION

Help center
National Flood Insurance Program
800-427-4661
www.floodsmart.gov

PENNSYLVANIA ATTORNEY GENERAL'S OFFICE

Bureau of Consumer Protection
717-787-9707
800-441-2555

Consumer Health Care Section

Helps Pennsylvanians secure the treatment they need, aims to protect the public from unfair health care business practices, and helps shape Pennsylvania's policies in favor of the consumer.

**PENNSYLVANIA
DEPARTMENT OF BANKING
AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.

800-722-2657

www.dobs.pa.gov

**PENNSYLVANIA INSURANCE
DEPARTMENT**

877-881-6388

www.insurance.pa.gov

**PENNSYLVANIA PUBLIC
UTILITY COMMISSION
(PUC)**

Balances the needs of consumers and utilities; ensures safe and reliable utility

service at reasonable rates;

protects the

public interest; educates

consumers to

make independent and informed utility

choices; furthers economic development;

and fosters new technologies and competitive markets in an environmentally sound manner

Utility customer hotline

800-692-7380

400 North St., Keystone Building,
Harrisburg

www.puc.pa.gov

TELEMARKETERS

To register your phone number on the Do-Not-Call list at no cost:

www.donotcall.gov

DISABILITIES

**THE ARC OF CUMBERLAND
AND PERRY COUNTIES**

Mission is to empower, inspire and educate people with intellectual and developmental disabilities, their families, and the community.

717-249-2611

71 Ashland Ave., Carlisle

www.cparc.org

**THE ARC OF DAUPHIN
COUNTY**

Mission is to enhance quality of life and community integration for individuals with special needs.

717-920-2727

2569 Walnut St., Penbrook

www.arcofdc.org

**BELL SOCIALIZATION
SERVICES**

Mission is to provide an environment of support and empowerment where people can improve their quality of living.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CENTER FOR INDEPENDENT LIVING OF CENTRAL PA

Mission is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

717-731-1900

Living well hotline

877-865-4893

207 House Ave., Suite 107 Camp Hill

www.cilcp.org

EASTER SEALS

Western and Central Pennsylvania Provides exceptional programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.

Eastern PA 610-289-0114

1501 Lehigh Street, Suite 201, Allentown

www.easterseals.com/wcpenna

GOODWILL KEYSTONE AREA

Works to support persons with disabilities and other barriers to independence in achieving their full potential as workers and as members of the broader community.

717-232-1831 www.yourgoodwill.org

800-432-GIVE

1150 Goodwill Drive, Harrisburg

KEYSTONE HUMAN SERVICES

Mission is to act as a change agent, creating opportunities for growth and meaningful life choices so that all people

can be valued and contributing members of their communities.

717-232-7509

www.keystonehumanservices.org

PARENT TO PARENT OF PENNSYLVANIA

Links families of children and adults with disabilities or special needs.

717-540-4723

www.parenttoparent.org

SPECIAL KIDS NETWORK HELP PA

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

UNITED CEREBRAL PALSY CENTRAL PA

Meets the needs of individuals of all ages with all types of disabilities and special needs, at every stage of life - from pediatric to geriatric.

717-737-3477

55 Utley Drive, Camp Hill

www.ucpcentralpa.org

VISION RESOURCES OF CENTRAL PENNSYLVANIA

Mission is to facilitate independence, enrich the quality of life, and empower individuals who are visually impaired or otherwise disabled through prevention, employment and educational awareness programs.

717-238-2531

1130 S. 19th St., Harrisburg

www.vrocp.org

WORKS FOR ME

A free resource that can direct you to

agencies and programs that help people with disabilities in Pennsylvania who want to work, and improve their financial security.

www.worksforme-pa.org

DRUG PROBLEMS

(See also ALCOHOL PROBLEMS)

CONTACT HELPLINE

Information and referral service
800-932-4616

www.contacthelpline.org

ADDICTION HOPE AND HELP LINE

800-277-8616

ADVANCEMENT IN RECOVERY PROGRAM

(Pennsylvania Psychiatric Institute)

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

717-782-6844

2501 N. Third St., Harrisburg

BABY LOVE

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

www.babylove.hamiltonhealthcenter.com

**BEHAVIORAL HEALTH
TREATMENT SERVICES
LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.
800-662-4357

www.findtreatment.samhsa.gov

COLONIAL PARK HOUSE

Offers recovery residences for men and women.

717-825-5919

www.colonialparkiop.com

**DAUPHIN COUNTY
DEPARTMENT OF DRUG &
ALCOHOL SERVICES**

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

**DAYSTAR CENTER FOR
SPIRITUAL RECOVERY**

A community based residential treatment facility for men with substance use disorders.

717-230-9898

125 N. 18th St., Harrisburg

www.daystarrecovery.com

**EVERGREEN HOUSE
(Catholic Charities)**

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B,

Harrisburg

717-412-4594

www.cchbg.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.

Gaudenzia Common Ground offers assessment and detoxification services at

3740 Chambers Hill Road,
Harrisburg.

717-238-5553

www.gaudenzia.org

**JUST FOR TODAY
RECOVERY VETERANS
SUPPORT SERVICES**

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.

717-695-6253

300 Market St., Lemoyne

www.jft-rvss.org

NARCOTICS ANONYMOUS

To find a meeting.

www.na.org

NAR-ANON FAMILY GROUP

A 12-step program for families and friends of addicts. Meeting information:

www.nar-anon.org

OPIOID PROBLEMS

Pennsylvania helpline
800-662-HELP (4357)

Also:

www.overdosefreepa.pitt.edu

PENNSYLVANIA DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS.

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-HELP

www.ddap.pa.gov

PERRY HUMAN SERVICES

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New
Bloomfield

www.perryhumanservices.org

THE RASE PROJECT

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,
Suite 401-E, Harrisburg

www.raseproject.org

EATING DISORDERS

CONTACT HELPLINE

Information and referral service
800-932-4616

www.contacthelpline.org

FOOD ADDICTS ANONYMOUS

www.foodaddictsanonymous.org

717-878-9657

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS

ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and also provides resources for families, schools and the eating disorder community.

630-577-1330

www.anad.org

NATIONAL EATING DISORDERS ASSOCIATION

Supports individuals and families affected

by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

800-931-2237

www.nationaleatingdisorders.org

OVEREATERS ANONYMOUS

Primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of

OA to those who still suffer.

www.oa.org

505-891-2664

PENN STATE HERSHEY EATING DISORDERS PROGRAM

Offers a full range of treatment for children, teens and adults with eating disorders, including anorexia nervosa (very low weight, fear of gaining weight and/or starvation); bulimia nervosa (binge eating followed by forced vomiting or extreme exercise); and related eating disorders.

717-531-2099

EDUCATION FOR ADULTS

(See also MENTORING)

CENTRAL PENNSYLVANIA LITERACY COUNCIL

Committed to improving the literacy of all adults in Cumberland and Dauphin counties.

717-763-7522

225 Hummel Ave., Lemoyne

www.cplc-adultliteracy.blogspot.com

EMPLOYMENT SKILLS CENTER

Helps people achieve personal growth and job betterment through education and training.

717-243-6040

29 S. Hanover Street, Carlisle

www.employmentskillscenter.org

LITERACY COUNCIL OF LANCASTER-LEBANON

Provides opportunities for lifelong learning and learning for life.

243 Schneider Drive, Lebanon

717-274-2554

407 Lafayette St., Lancaster

717-295-5523

www.getliterate.org

PENN STATE EXTENSION OFFICES

A modern educational organization dedicated to delivering science-based information to people, businesses, and communities.

Cumberland County

717-240-6500

Dauphin County

717-921-8803

Lancaster County

717-394-6851

Lebanon County

717-270-4391

Perry County

717-582-5150

York County

717-840-7408

www.extension.psu.edu

PENNSYLVANIA COMMONWEALTH WORKFORCE DEVELOPMENT SYSTEM

Provides access to Pennsylvania workforce development and independent living services

provided by the Departments of Labor & Industry and Human Services.

Capitol Region:

717-783-3270 www.cwds.pa.gov

100 N. Cameron St., Suite 101,
Harrisburg

717-243-4431

1 Alexandra Court, Carlisle

PERRY COUNTY LITERACY COUNCIL

Mission is to provide educational programs for Perry County residents and their families that will enable them to better function as productive, responsible citizens.

133 S. Fifth St., Newport

717-567-7323

866-781-7323

www.perryliteracy.com

PROBE (Potential Reentry Opportunities in Business and Education)

Offers career development and financial literacy programs to help participants build self-esteem and achieve economic self-sufficiency. Tri-county office (Dauphin, Cumberland and Perry counties): 717-939-2260

Lebanon office (also serves western Berks County): 717-273-2090

www.probepa.org

TRI-COUNTY COMMUNITY ACTION

In Self-Sufficiency Program, clients are paired with case managers who will help to set goals, identify challenges, and map a course to success, all while focusing on strengths and skill building along the way.

717-232-9757

1514 Derry Street, Harrisburg

www.cactricounty.org

**TRI-COUNTY OIC ADULT
LEARNING CENTER**

Offers recruitment, outreach, basic literacy skills, training, vocational skills training, job development, counseling, and placement services to hundreds of students each year.

717-238-7318

500 Maclay St., Harrisburg

www.tricountyoic.org

**YORK COUNTY LITERACY
COUNCIL**

Literacy services for adults

717-845-8719

1416 6th Avenue, York

www.yorkliteracy.org/public

**YW-WORKS EMPLOYMENT
PROGRAM**

(YWCA of Greater Harrisburg)

Offers skills assessment, training and help with attaining employment

717-234-7931

1101 Market St., Harrisburg

www.ywcahb.org

EMERGENCY HELP

(See also CONSUMER PROTECTION, HEATING ASSISTANCE, MENTAL HEALTH AND SHELTERS)

**AMERICAN RED CROSS OF
THE SUSQUEHANNA
VALLEY**

866-311-3832

1804 N. Sixth St., Harrisburg

www.redcross.org

CONTACT HELPLINE

Information and referral service
800-932-4616

www.contacthelpline.org

**COUNTY ASSISTANCE
OFFICES**

Cumberland County

800-269-0173

33 Westminster Drive, Carlisle

Dauphin County

800-788-5616

2432 N. Seventh St., Harrisburg

Lancaster County

717-299-7411

832 Manor St., Lancaster

Lebanon County

800-229-3926

625 S. Eighth St., Lebanon

Perry County

800-991-1929

100 Centre Drive, New Bloomfield

York County

800-991-0929

130 N. Duke St., York

CRISIS INTERVENTION SERVICES

(Dauphin County)

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

CRISIS INTERVENTION SERVICES

(Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

717-763-2222

717-243-6005

All other areas, 866-350-

HELP(4357)

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED

Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel and prescription assistance, and clothing referrals.

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahg.org

LIHEAP

Pennsylvania Low Income Home Energy Assistance Program Hotline.

Offers financial help to households suffering from heating crises.

866-857-7095

Can apply for benefits online at

www.compass.state.pa.us

NATIONAL COALITION FOR HOMELESS VETERANS

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)

www.nchv.org

NEW DIGS MINISTRY

Assists those who are disadvantaged when making life's most sensitive decisions. Need a referral.

Open 9 a.m. to 12 p.m., Monday, Wednesday, Friday; and 9 a.m. to 12 p.m. second Saturday of month.

717-620-9735

5 Pleasant View Drive,
Mechanicsburg

www.newdigsministry.org

NEW HOPE MINISTRIES

Provides a variety of assistance for families in the Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and the West Shore.

99 W. Church St., Dillsburg
(administrative office)

717-432-2087

www.nhm-pa.org

**PENNSYLVANIA
DEPARTMENT OF HUMAN
SERVICES**

www.dhs.pa.gov

**PENNSYLVANIA
TEMPORARY ASSISTANCE
FOR NEEDY FAMILIES**

Designed to help needy families
achieve self-sufficiency.

800-692-7462

**VICKIE'S ANGEL
FOUNDATION**

Helps families fighting cancer who
have difficulties paying their bills
during the challenging times of
undergoing cancer treatments.

717-774-3800

www.vickiesangelfoundation.org

**ETHNIC/RACIAL
DISCRIMINATION
OR INTIMIDATION**

**ANTI-DEFAMATION
LEAGUE**

Mission is to stop the defamation
of Jewish people, and to secure
justice and fair treatment for all.

www.adl.org

**COMMUNITY JUSTICE
PROJECT**

Works to protect the Constitutional
rights of all people.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**FAIR HOUSING COUNCIL OF
THE CAPITAL REGION INC.**

Mission is to provide
comprehensive services that
affirmatively address and promote
fair housing rights and further
other housing opportunities for all
persons without regard to race,
color, national origin, religion, sex,
family status, presence of children,
disability, ancestry, marital status
or other arbitrary factors.

717-238-9540

2100 N. Sixth St., Harrisburg

www.pafairhousing.org

**PENNSYLVANIA HUMAN
RELATIONS COMMISSION**

Promotes equal opportunity for all
and enforces Pennsylvania's civil
rights laws that protect people
from unlawful discrimination.

333 Market St., eighth floor,

Harrisburg

717-787-4410

717-787-9780

TTY 717-787-7279

www.phrc.pa.gov

FOOD ASSISTANCE

**For additional information,
contact CENTRAL PA FOOD
BANK at
717-564-1700 or find a location
near you under partner agencies
tab at**

www.centralpafoodbank.org.

3908 Corey Road
Harrisburg, PA 17109
717.564.1700
3301 Wahoo Drive
Williamsport, PA 17701
570.321.8023

SNAP/FOOD STAMPS HOTLINE

877-999-54964

Provides households with SNAP
(Food Stamp) application
assistance through a toll-free
confidential bilingual helpline.

www.centralpafoodbank.org/SNAP

Food Pantries and/or Soup Kitchens

DOWNTOWN DAILY BREAD Soup Kitchen

310 N. THIRD ST.
HARRISBURG, PA 17101
(717)238-4717

BETHESDA MISSION OF HARRISBURG - Soup Kitchen

611 Reily Street
HARRISBURG, PA 17102
(717)257-4440

ST. FRANCIS OF ASSISI CHURCH - Multi-Service Program

1453 ZARKER STREET
HARRISBURG, PA 17104
(717)232-1003

THE SALVATION ARMY FAMILY SERVICES - Multi- Service Program

506 S. 29th St.
HARRISBURG, PA 17104
(717)233-6755

NEW JERUSALEM OUTREACH MINISTRIES - Soup Kitchen

219 LOCUST
STREETSTEELTON, PA 17113
(717)985-9684

ISAIAH 61 MINISTRIES – Soup Kitchen

36 JACOBS CHURCH ROAD
HALIFAX, PA 17032
(717)827-3518

ST. PAUL'S EVANGELICAL LUTHERAN MEAL PROGRAM - Soup Kitchen

324 NORTH STREET
MILLERSBURG, PA 17061
(717)692-2141

ECUMENICAL FOOD PANTRY - Pantry

901 N. SIXTH STREET
HARRISBURG, PA 17102
(717)233-6889

**M28MINISTRY EMERGENCY
FOOD PANTRY - Pantry**
32 SOUTH FRONT STREET
WORMLEYSBURG, PA 17043
(717)610-4645

**TABERNACLE BAPTIST
CHURCH - Pantry**
1106 CAPITAL ST
HARRISBURG, PA 17102
(717)236-1774

**FOUNTAIN GATE CHURCH
& MINISTRIES - Pantry**
1419 DERRY STREET
HARRISBURG, PA 17104
(717)232-0247

**ST. FRANCIS OF ASSISI
CHURCH - Multi-Service
Program**
1453 ZARKER STREET
HARRISBURG, PA 17104
(717)232-1003

**ALLISON HILL COMMUNITY
MINISTRY - Pantry**
1508 DERRY STREET
HARRISBURG, PA 17104
(717)238-2030

**HILLSIDE SEVENTH DAY
ADVENTIST - Pantry**
1300 HERR STREET
HARRISBURG, PA 17103
(717)236-3111

**HEINZ MENAKER SENIOR
CENTER - Pantry**
124 N 4TH STREET
HARRISBURG, PA 17102
(717)238-7860

**FAITH TEMPLE C.O.G.I.C -
Pantry**
1708 DERRY STREET
HARRISBURG, PA 17104
(717)585-0885

**FULL HARVEST MINISTRIES
- Pantry**
1416 CUMBERLAND STREET
HARRISBURG, PA 17103
(717)514-7992

**NORTH 17TH STREET CH OF
GOD - Pantry**
615 NORTH 17TH STREET
HARRISBURG, PA 17103
(717)233-2284

**GRACE HOUSE MINISTRIES
- Pantry**
1125 SOUTH 16TH STREET
HARRISBURG, PA 17104
(717)238-1819

**KINGDOM EMBASSY, INC. -
Pantry**
2111 NORTH 4TH STREET
HARRISBURG, PA 17110
(717)236-8600

**ST. PAUL MISSIONARY
BAPTIST CHURCH - Pantry**
1201 N 17TH STREET
HARRISBURG, PA 17103
(717)234-0037

**OUR LADY OF THE BLESSED
SACRAMENT - Pantry**
2121 NORTH THIRD STREET
HARRISBURG, PA 17110
(717)233-1014

**ANTIOCH TABERNACLE -
Pantry**
1920 NORTH STREET (Rear)
HARRISBURG, PA 17103
(717)233-8231

**HARRISBURG BRETHREN IN
CHRIST - Pantry**
2217 DERRY STREET
HARRISBURG, PA 17104
(717)561-2170

**STOP THE VIOLENCE -
Pantry**
1678 SOUTH CAMERON
STREET
HARRISBURG, PA 17104
(717)236-2444

**MANNA FOOD PANTRY -
Pantry**
**PENBROOK UNITED
CHURCH OF CHRIST**
HARRISBURG, PA 17103
(717)602-5835

**THE SALVATION ARMY
FAMILY SERVICES - Multi-
Service Program**
506 S. 29th St.
HARRISBURG, PA 17104
(717)233-6755

**GREATER ZION
MISSIONARY BAPTIST
CHURCH - Pantry**
212 N PROGRESS AVENUE
HARRISBURG, PA 17109
(717)541-0388

**REDEEMED CHRISTIAN
CHURCH OF GOD-LIVING
SPRING - Pantry**
3600 VARTAN WAY
HARRISBURG, PA 17110
(717)671-1539

**GRANTVILLE AREA FOOD
PANTRY - Pantry**
GRANTVILLE FAITH UCC
(717)469-2444

**MIDDLETOWN INTERFAITH
PANTRY - Pantry**
201 WYOMING STREET
MIDDLETOWN, PA 17057
(717)944-5668

**FOUNTAIN OF LIFE
MINISTRIES, INC - Pantry**
290 NEWBERRY ROAD
MIDDLETOWN, PA 17057
(717)944-4455

**GLAD TIDINGS ASSEMBLY
OF GOD - Pantry**
190 FULLING MILL ROAD
MIDDLETOWN, PA 17057
(717)944-1042

**HUMMELSTOWN
COMMUNITY MINISTERIUM
- Pantry**
100 WEST MAIN STREET
HUMMELSTOWN, PA 17036
(717)566-2589

**EVANGELICAL FREE
CHURCH OF HERSHEY -
Pantry**
330 HILLTOP ROAD
HUMMELSTOWN, PA 17036
(717)533-4848

**HERSHEY FOOD BANK &
COMMUNITY OUTREACH -
Pantry**
120 EAST DERRY ROAD
HERSHEY, PA 17033
(717)520-3143

**MILLERSBURG AREA
SENIOR CENTER - Pantry**
109 EDWARD DRIVE
MILLERSBURG, PA 17061
(717)692-2657

**ST. PAUL'S EVANGELICAL
LUTHERAN - Pantry**
324 NORTH STREET
MILLERSBURG, PA 17061
(717)692-2141

**FEED MY SHEEP - Pantry
ZION LUTHERAN CHURCH**
DAUPHIN, PA 17018
(717)877-0964

**NORTHERN DAUPHIN FOOD
PANTRY - Pantry**
NO. DAUPHIN HUMAN
SERVICES CENTER
295 State Drive
ELIZABETHVILLE, PA 17023
(717)905-2512

GAMBLING PROBLEMS

COUNCIL ON COMPULSIVE GAMBLING IN PENNSYLVANIA

Purpose is to educate and disseminate information on compulsive gambling and to facilitate referrals.

800-848-1800

GAMBLERS ANONYMOUS 855-222-5542

www.gamblersanonymous.org

NATIONAL COUNCIL ON PROBLEM GAMBLING

800-522-4700

www.ncpgambling.org

PENNSYLVANIA GAMBLING ADDICTION HOTLINE

800-GAMBLER 800-426-2537

GAY/LESBIAN AND RELATED ORGANIZATIONS

ALDER HEALTH SERVICES

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.

717-233-7190

100 N. Cameron St., Suite 201,
Harrisburg

www.alderhealth.org

KEYSTONE BUSINESS ALLIANCE - CENTRAL PENNSYLVANIA'S LGBT CHAMBER OF COMMERCE

Committed to expanding the economic interest of LGBT-owned and allied businesses through advocacy, education and partnerships with the local business community.

3211 N. Front St. Suite 201
Harrisburg,

www.cpglcc.org

LGBT NATIONAL HOTLINE

Serves callers of all ages

888-843-4564

LGBT CENTER OF CENTRAL PENNSYLVANIA

Missions is to foster inclusive community and holistic well-being for LGBTQ people through social, educational and cultural engagement.

717-920-9534

1306 N. Third St., Harrisburg

www.centralpalgbtcenter.org

PENNSYLVANIA YOUTH CONGRESS

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg

www.payouthcongress.org

TRANSCENTRALPA

Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.

717-831-8142 (care line)

www.transcentralpa.org

THE TREVOR PROJECT

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.

866-488-7386

www.thetrevorproject.org

HEATING ASSISTANCE

(See also CONSUMER PROTECTION & EMERGENCY HELP)

ADAMS COUNTY ASSISTANCE OFFICE

225 S. Franklin St. Gettysburg

800-638-6816

717-334-6241

COMPASS

An online application for Pennsylvanians to apply for LIHEAP (heating assistance).

www.compass.state.pa.us

CUMBERLAND COUNTY ASSISTANCE OFFICE

800-269-0173

717-240-2700

33 Westminster Drive, Carlisle

DAUPHIN COUNTY ASSISTANCE OFFICE

800-788-5616

717-787-2324

2432 N. Seventh St., Harrisburg

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED

Administers PPL's regional energy assistance program.

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahg.org

JOIN HANDS MINISTRY

A collaborative community outreach program providing direction, intervention and support to persons facing a variety of daily living challenges in Perry County.

717-582-7844

51 S. Church St., New Bloomfield

www.joinhands.help

**LANCASTER COUNTY
ASSISTANCE OFFICE**

832 Manor Street Lancaster

717-299-7411

**LEBANON COUNTY
ASSISTANCE OFFICE**

625 S. Eighth Street Lebanon

717-270-3600

800-229-3926

**LEBANON COUNTY
CHRISTIAN MINISTRIES**

Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.

717-272-4400

www.lccm.us

LIHEAP

Pennsylvania Low Income Home Energy Assistance Program helps low-income families pay their heating bills.

Hotline:

866-857-7095

NEW HOPE MINISTRIES

Provides utility assistance for people in Dillsburg, Dover, Hanover, New Oxford and Mechanicsburg/West Shore areas.
717-432-2087

www.nhm-pa.org

**PENNSYLVANIA PUBLIC
UTILITY COMMISSION
(PUC)**

Balances the needs of consumers and

utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest;

educates consumers to make independent and informed utility choices; furthers economic development;

and fosters new technologies and competitive markets in an environmentally sound manner.

800-692-7380

400 North St., Keystone Building,
Harrisburg

www.puc.state.pa.us

TRI-COUNTY COMMUNITY ACTION

Offers PPL OnTrack program to qualified PPL customers. Benefits include a reduced monthly payment for service, cancellation of a portion of debt owed for every on-time payment, and referrals for energy education and weatherization services.

717-237-9757

1514 Derry Street, Harrisburg

www.cactricounty.org

UGI

Operation Share Energy Fund provides energy assistance grants to qualified customers who experience difficulty paying their heating bills.

800-276-2722

www.ugi.com

UPPER DAUPHIN HUMAN SERVICES CENTER

717-453-9352

517 Main St., Lykens

www.upperdauphinhumanservices.com

HISPANIC COMMUNITY

CENTRO HISPANO JOSE E. HERNANDEZ

Assists Hispanic community in York.

717-846-9434

225 E. Princess St., York

HISPANIC CHAMBER OF COMMERCE OF CENTRAL PENNSYLVANIA

Assists, supports, promotes, and advocates on behalf of Hispanic businesses in the central Pennsylvania area (Dauphin, Cumberland, Lancaster, York, and Perry Counties).

717-234-2222

LATINO HISPANIC AMERICAN COMMUNITY CENTER

Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.

717-232-8302

1301 Derry St., Harrisburg

www.lhacc.org

SPANISH AMERICAN CIVIC ASSOCIATION

Mission is to foster and perpetuate the cultural, social and economic well-being of Latinos residing in the City and County of Lancaster.

717-397-6267

453 Lime St., Lancaster

www.sacapa.org

HOUSING/SHELTERS

BELL SOCIALIZATION SERVICES

Assists individuals with their efforts to secure and maintain safe and affordable permanent housing in the community. Services include help to obtain housing, assistance with budgeting, and building basic living skills to successfully live independently.

717-848-5767

160 S. George St., York

www.bellsocialization.com

BETHESDA MISSION

Operates a shelter in Harrisburg for homeless men.

717-257-4442

611 Reily St., Harrisburg

www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION

Mission is to help individuals and families who are experiencing homelessness achieve their potential with stable housing, supportive services and loving relationships.

717-233-6016

219 Hummel St., Harrisburg

www.bha-pa.org

BRIDGE OF HOPE HARRISBURG AREA

Vision is a Harrisburg area where no family is homeless.

717-635-5957

www.harrisburg.bridgeofhopeinc.org

CAPITAL AREA COALITION ON HOMELESSNESS

Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless or are dangerously close to becoming homeless.

717-255-6587

10 N. Second St., Suite 405,
Harrisburg

www.cachpa.org

**COMMUNITY JUSTICE
PROJECT**

Represents people who have been denied housing due to race, sex, national origin, family size, and other reasons.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**CUMBERLAND COUNTY
HOUSING AND
REDEVELOPMENT
AUTHORITIES**

717-249-1315

866-683-5907

114 N. Hanover Street, Carlisle

www.cchra.com

**DAUPHIN COUNTY
HOUSING AUTHORITY**

717-939-9301

501 Mohn Street Steelton

www.dauphinhousing.org

**FAIR HOUSING COUNCIL OF
THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

www.pafairhousing.org

2100 N. Sixth St., Harrisburg

**FAMILY PROMISE OF
HARRISBURG CAPITAL
REGION**

Mission is to empower families through relationships and skill building to move from homelessness to home.

717-737-1100

56 Erford Road, Camp Hill

www.familypromisehr.org

**HABITAT FOR HUMANITY
OF THE GREATER
HARRISBURG AREA**

717-545-7299

900 S. Arlington Ave., #131A,
Harrisburg

www.harrisburghabitat.org

**HARRISBURG CENTER FOR
PEACE AND JUSTICE**

(Pennsylvania Coalition to End
Homelessness)
717-233-3072
315 Peffer Street, Harrisburg

**HARRISBURG HOUSING
AUTHORITY**

717-232-6781
www.harrisburghousing.org

**HELP MINISTRIES OF
CHRISTIAN CHURCHES
UNITED**

Helps households under threat of
eviction to resolve situations and
stay in their housing, thereby
reducing stress and trauma for all
involved.
717-238-2851
413 S. 19th Street, Harrisburg
www.ccuhb.org

**HOUSING ALLIANCE OF
PENNSYLVANIA**

A statewide coalition working to
provide leadership and a common
voice for policies, practices and
resources to ensure that all
Pennsylvanians, especially those
with low incomes, have access to
safe, decent and affordable homes.
Harrisburg office
717-909-2006
610 N. Third St., Harrisburg
www.housingalliancepa.org

**LIFEPATH CHRISTIAN
MINISTRIES**

Offers emergency shelter for men
and women.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

PAXTON MINISTRIES

Provides affordable housing and
support services to adults who may
be challenged with poverty, mental
illness, or intellectual disabilities.
717-236-5508
2001 Paxton St., Harrisburg
www.paxtonmin.org

**PENNSYLVANIA HOUSING
FINANCE AGENCY**

Works to provide affordable
homeownership and rental
apartment options for senior
adults, low- and moderate-income
families, and people with special
housing needs.
855-827-3466 (Customer
Solutions Center)
211 N. Front St., Harrisburg
www.phfa.org

**TRI-COUNTY COMMUNITY
ACTION**

Offers classes on renting, home
purchasing, credit and credit
repair, and one-on-one counseling
for mortgage and foreclosure
assistance.
717-232-9757
1514 Derry Street, Harrisburg
www.cactricounty.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

www.umh.org

SHELTERS

Cifelli House

1422 Market Street

Harrisburg, PA 17103

(717) 991-2649

**Lighthouse Outreach Center of
Harrisburg**

1839 Market Street

Harrisburg, PA 17103

(717) 236-0735

Shalom House

9 South 15th Street

Harrisburg, PA 17104

(717) 232-3482

**Sound Community Solutions
(SCS, Inc.)**

2001 North Front Street

Building 2, Suite 321

Harrisburg, PA 17109

(717) 961-9740

Love Inc of Greater Hershey

245 East Derry Road

Hershey, PA 17033

(717) 835-0101

**Salvation Army Adult
Rehabilitation Center**

(717) 541-0203

YWCA Greater Harrisburg

1101 Market Street

Harrisburg, PA 17103

(717) 234-7931

Bethesda Mission

611 Reily Street

Harrisburg, PA 17102

(717) 257-4440

**Bethesda Mission - Women and
Children's Shelter**

818 North 20th Street

Harrisburg, PA 17103

(717) 257-4447

**Shalom House - Emergency
Shelter-Women and Children**

9 South 15th Street

Harrisburg, PA 17104

(717) 232-3482

**Catholic Charities - Interfaith
Shelter for Homeless Families**

120 Willow Road

Suite B

Harrisburg, PA 17109

(717) 652-8740

Downtown Daily Bread, Shelter
234 South Street
Top Floor
Harrisburg, PA 17101
(717) 238-4717

Safe Haven
1805 N. 12th Street, Harrisburg
717-232-5029

IMMIGRATION AND REFUGEE SERVICES

**BETHANY CHRISTIAN
SERVICES OF LANCASTER**
Connects refugee and immigrant
families with churches and
community resources to help them
adjust to their new life in the U.S.
717-399-3213
www.bethany.org/lancaster

**CATHOLIC CHARITIES,
IMMIGRATION & REFUGEE
SERVICES**
Works with state and federal
governments to resettle refugees,
helping them adjust to new lives
and newfound freedom.
717-232-0568
939 East Park Drive, Suite 102,
Harrisburg
www.cchbg.org

**COMMUNITY JUSTICE
PROJECT**
Provides assistance for immigrants
regardless of their immigration
status or country of origin.
800-322-7572
717-236-9486
118 Locust St., Harrisburg
www.communityjusticeproject.org

**INTERNATIONAL SERVICE
CENTER**
Mission is to promote, support and
implement educational, cultural,
social, and economic programs to
serve the disadvantaged and
underprivileged people, that will
enable them to become self-
supporting and productive
members of our pluralistic society.
717-236-9401
21 S. River St., Harrisburg
www.isc76.org

**PENNSYLVANIA
IMMIGRANT & REFUGEE
WOMEN'S NETWORK**
Created to honor and enhance the
lives of refugee and immigrant
women in Pennsylvania.
717-980-3888
2101 N. Front St., Governors Plaza
North 2, Harrisburg
www.pairwn.org

**PENNSYLVANIA
IMMIGRATION RESOURCE
CENTER**

Works to provide access to justice for vulnerable immigrants in detention and in the community through legal services, education and advocacy.

717-600-8099

294 Pleasant Acres Road, Suite 202, York.

www.pirclaw.org

LEGAL AID

**AMERICAN CIVIL
LIBERTIES UNION**

South Central PA Chapter

717-238-2258

PO Box 11761, Harrisburg, 17108

www.aclupa.org

**PBA LAWYER REFERRAL
SERVICE**

800-932-0311

www.pabar.org

PA LAW HELP

A guide to legal information and free civil legal services for low-income persons and seniors in Pennsylvania.

www.palawhelp.org

MIDPENN LEGAL SERVICES

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

Harrisburg office:

213-A N. Front St., Harrisburg

717-234-0492

Carlisle office:

401 E. Louthier St., Suite 103,
Carlisle

717-243-9400

800-822-5288

Lancaster office:

38 N. Christian St., Suite 200,
Lancaster

800-732-0025

717-299-0971

Lebanon office:

1150 Chestnut St., Suite 1

Lebanon

717-274-2834

York office:

29 N. Queen St., York

717-848-3605

www.midpenn.org

MEDICAL

(See also AIDS, BREAST CANCER, EATING DISORDERS, MENTAL HEALTH, POISON)

ADVANCEMENT IN RECOVERY PROGRAM

(Pennsylvania Psychiatric Institute)

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

717-782-6844

2501 N. Third St., Harrisburg

AMERICAN CANCER SOCIETY HOPE LODGE OF CENTRAL PENNSYLVANIA

A free home away from home for cancer patients and their caregivers.

717-533-5111

125 Lucy Ave., Hershey

www.cancer.org/hopelodgehershey

BEACON CLINIC

A free, faith-based healthcare clinic providing preventative care and counseling to underserved and uninsured adults in Harrisburg community.

717-775-1111

248 Seneca St., rear, Harrisburg (St. Paul's Episcopal Church)

www.beaconclinicpa.org

CENTERS FOR DISEASE CONTROL AND PREVENTION

800-232-4636

www.cdc.gov

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)

www.chipcoverspakids.com

COMMUNITY CHECK UP-CENTER

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

COMPASS

An online application for Pennsylvanians to apply for many health and human service programs.

www.compass.state.pa.us

**GEISINGER HOLY SPIRIT
MISSION OF MEDICAL
OUTREACH**

Nurse-run clinic based at Christ Lutheran Church, 124 S. 13th St., Harrisburg.
717-260-9320.

**HAMILTON HEALTH
CENTER**

717-232-9971

www.hamiltonhealthcenter.com

Offers medical and dental care at 110 S. 17th St., Harrisburg. (main campus)

Has satellite offices at Downey School, 1313 Monroe St., Harrisburg

717-230-3909

Foose School, 1301 Sycamore St., Harrisburg;

Union Deposit Family Practice, 895 S. Arlington Ave., Harrisburg (717-232-0500);

1000 Evelyn Drive, Millersburg,

717-692-4761,

12 N. Spring Street, Middletown, 717-836-6067

117 North Faith Road, Grantville, 717-230-3979

and Hamilton Health Center of Perry County, 46 Red Hill Court, Newport (717-204-7865).

**HEALTHCARE
MARKETPLACES**

As part of Affordable Care Act, people can apply for coverage and compare available plans.

www.healthcare.gov

**HEALTH RESOURCES AND
SERVICE ADMINISTRATION.**

Mission is to improve health and achieve health equity through access to quality services, a skilled health workforce, and innovative programs.

www.hrsa.gov

**HOPE WITHIN COMMUNITY
HEALTH CENTER**

Offers free primary healthcare services for medically uninsured low-income residents of Lancaster, Lebanon and Dauphin counties.

717-367-9797

www.hopewithin.org

**HOSPICE OF CENTRAL
PENNSYLVANIA**

Provides the highest quality of emotional, physical and spiritual support with compassion and respect.

717-732-1000

1320 Linglestown Road.,

Harrisburg (main office)

www.hospiceofcentralpa.org

**LEBANON FREE CLINIC
(Lebanon Rescue Mission)**

Call to confirm times and eligibility.

717-273-2715

135 S. Ninth St., Lebanon

www.lebanonrescuemission.org

LION CARE

(Penn State College of Medicine)
A student-run, non-profit, free clinic dedicated to serving the medical, psychological, and health needs of the underserved in Harrisburg area. Call for schedule and to make an appointment.

717-257-4440, x312

611 Reily St., Harrisburg

www.pennstatehealth.org/communitiy-outreach/lioncare

MEDICAID

Provides health coverage to low-income people and is one of the largest payers for health care in the United States.

www.medicaid.gov

MISSION OF MERCY

Medical services available, Harrisburg clinic is at Harrisburg Brethren in Christ Church, 2217 Derry St., Harrisburg.

717-315-9813 (clinic days only)

www.amissionofmercy.org

PACE AND PACENET

State prescription assistance program for older adults.

800-225-7223

**PENNSYLVANIA
DEPARTMENT OF HEALTH**

www.health.pa.gov

**PENNSYLVANIA HEALTH
LAW PROJECT**

Consultant on access to health care for low income consumers, elderly and persons with disabilities.

800-274-3258

www.phlp.org

PLANNED PARENTHOOD

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second St., Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681.

www.plannedparenthood.org

**RONALD MCDONALD
HOUSE**

Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children's Hospital.

717-533-4001

745 W. Governor Road, Hershey

www.rmhc-centralpa.org

**SADLER HEALTH CENTER
CORP.**

Provides accessible primary care, behavioral health and dental services to insured, uninsured and underinsured individuals at two locations: Carlisle and Perry County.

717-218-6670

100 N. Hanover St., Carlisle;

Also, offers dental only services at

1104 Montour Road, Loysville,

717-960-4380

www.sadlerhealth.org

**UPMC PINNACLEHEALTH
CHILDREN AND TEEN
CENTER**

717-782-4650

2645 N. Third St., second floor,
Harrisburg

LEAD POISONING

Pennsylvania Department of
Health

800-440-5323

POISON

**AMERICAN ASSOCIATION
OF POISON CONTROL
CENTERS**

Site is designed to provide fast and useful information on how to manage exposures to potentially toxic products, poisons, and medications.

800-222-1222

www.poisonhelp.org

MENTAL HEALTH

(See also EMERGENCY HELP)

SUICIDE PREVENTION HOTLINE

800-273-8255

www.suicidepreventionlifeline.org

CONTACT HELPLINE

Information and referral service

800-932-4616

www.contacthelpline.org

THE ADVOCACY ALLIANCE

Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.

717-835-2275

1512 E. Caracas Ave., Hershey

www.theadvocacyalliance.org

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

www.samhsa.gov

BELL SOCIALIZATION SERVICES

Provides housing and employment support for those dealing with mental illness.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CASE MANAGEMENT UNIT

Mission is to plan with and support adults and children with mental disabilities, and their families when appropriate, to live full and inclusive lives within their communities.

717-232-8761

1100 S. Cameron St., Harrisburg

717-362-1212

295 State Drive, Elizabethville

717-644-9600

1349 Cumberland St., Lebanon

Pa.org

CATHOLIC CHARITIES

Counseling offices

717-233-7978

939 East Park Drive, Harrisburg

717-299-3659

30D East Roseville Road,

Lancaster

717-845-2696

253 E. Market St., York

717-259-9537

6156 W. Canal Road, Abbotstown

(Paradise Outpatient Services)

www.cchbg.org

CRISIS INTERVENTION SERVICES (Dauphin County)

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg (Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

Camp Hill area, 717-763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

Mission is to improve the lives of people living with mood disorders. Support group meetings take place on the second and fourth Tuesday of the month.

717-557-4477

717-343-7726

www.dbsaharrisburg.org

DIAKON FAMILY LIFE SERVICES

Meets the mental-health needs of people through quality, compassionate counseling, family-based mental-health services, and specialized programs.

877-342-5667

www.diakon.org

FRANKLIN FAMILY SERVICES

Offers comprehensive outpatient mental health services, which include diagnosis, treatment, and education for adults, adolescents, and children.

www.ffspa.com 717-243-6500

816 Belvedere St., Carlisle

717-732-2917

412 Erford Road, Camp Hill

717-533-4312

20 Briarcrest Square, Hershey

717-267-1515

131 East McKinley Street, Chambersburg

KEYSTONE HUMAN SERVICES

Mental Health Services
Committed to supporting and empowering individuals on their personal journey of recovery.

717-482-8500

8182 Adams Drive, Hummelstown

www.keystonehumanservices.org

MENTAL WELLNESS AWARENESS ASSOCIATION

Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.

717-957-3432

www.mentalwellnessawareness.org

MYNDWORKS COUNSELING

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

NATIONAL ALLIANCE ON MENTAL ILLNESS**Dauphin County**

Goal is to improve the quality of life for victims of brain disorders (mental illnesses), their families, and friends.

717-233-1164

2501 N. Third St., Harrisburg

www.nami-dauphincounty.org

Cumberland County

Dedicated to improving the lives of individuals and families affected by mental illness through recovery-focused support, education and advocacy

717-620-9580

PO Box 527, Carlisle 17013

www.namicppa.org

NATIONAL INSTITUTE OF MENTAL HEALTH

Mission is to transform the understanding and treatment of mental illnesses through basic and clinical research.

www.nimh.nih.gov

866-615-6464

PENN STATE HERSHEY MEDICAL GROUP – PSYCHIATRY

717-531-8338

22 Northeast Drive, Entrance B, Hershey

PENNSYLVANIA MENTAL HEALTH CONSUMERS ASSOCIATION

Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.

717-564-4930

4105 Derry St., Harrisburg

www.pmhca.org

PRESSLEY RIDGE

Offers help for a wide variety of emotional, behavioral and mental health issues.

888-777-0820

Harrisburg outpatient treatment and counseling at 121 Locust St., Harrisburg.

800-723-7005

www.pressleyridge.org

**SUSQUEHANNA HARBOR
SAFE HAVEN**

(Christian Churches United)
Offers long-term housing within a supportive community for up to 25 formerly homeless men in Dauphin County. The program was designed to help chronically homeless men—those living on the street for a year or more—who are also dealing with mental illness.
717-232-5029
1805 N. 12th St., Harrisburg
www.ccuahbg.org

WELLSPAN PHILHAVEN

Offers mental health services to 1,000 people each day.
800-932-0359
283 S. Butler Road, Mount Gretna (main location)
Offers services in Dauphin County at 2601 Herr St., Harrisburg.
717-230-9622
www.philhaven.org

SUICIDE

(See also MENTAL HEALTH)

**AMERICAN FOUNDATION
FOR SUICIDE PREVENTION**

South Central Pennsylvania chapter
Dedicated to saving lives and bringing hope to those affected by suicide.
888-333-2377
www.afsp.org

THE TREVOR PROJECT

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.
866-488-7386
www.thetrevorproject.org

TEENS

**NATIONAL HUMAN
TRAFFICKING HOTLINE**

National anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States.
888-373-7888
www.traffickingresourcecenter.org

**NATIONAL RUNAWAY
SAFELINE**

800-RUNAWAY (786-2929)

MENTORS

(See also VOLUNTEER)

AMERICA'S PROMISE ALLIANCE

The collective work of the Alliance involves keeping five promises to children and youth that form the conditions they need to achieve adult success.

202-657-0600

www.americaspromise.org

AMIRACLE4SURE

To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.

717-232-0100

1735 State St., Harrisburg

www.amiracle4sure.com

BETHESDA MISSION COMMUNITY (YOUTH) CENTER

717-257-5484

1438 Herr St., Harrisburg

www.bethesdamission.org

BIG BROTHERS/BIG SISTERS OF THE CAPITAL REGION

717-236-0199

1519 N. 3rd Street, Harrisburg

www.capbig.org

BREAKING THE CHAINZ INC.

Mission is to provide interactive and integrative prevention and intervention programs aimed at keeping adults and adolescents from ending up in a cold cell. Program assists newly released inmates in making a smooth transition from incarcerated inmate to productive citizen.

717-525-9448

www.breakingthechainz.webs.com

BOYS AND GIRLS CLUB OF HARRISBURG

Serves as a neighborhood based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

717-232-1711

1313 Monroe St., Harrisburg

717-512-2833

www.bgchbg.org

**NEW BIRTH OF FREED BOY
SCOUTS OF AMERICA
COUNCIL**

Mechanicsburg service center
717-766-1591
One Baden Powell Lane,
Mechanicsburg
www.newbirthoffreedom.org

**CAPITAL REGION EX-
OFFENDERS SUPPORT
COALITION**

To coordinate services that assist
ex-offenders with successful re-
entry that promotes public safety.
www.reentrynow.org

CENTER FOR CHAMPIONS

Desires to be an avenue where
many churches, groups and
businesses can partner to provide
life-on-life mentors to primarily
fatherless and at-risk youth.
www.centerforchampions.org

**CHRISTIAN RECOVERY
AFTERCARE MINISTRY**

Primary focus is crime prevention,
reducing recidivism and promoting
a safer community.
717-234-3664
www.craminc.org

DRESS FOR SUCCESS

Empowers women to achieve
economic independence by
providing a network of support,
professional attire and the
development tools to help women
thrive in work and in life.
717-232-1333
29 S. 10th St., Harrisburg
www.southcentralpa.dressforsuccess.org

**GIRL SCOUTS IN THE
HEART OF PA**

800-692-7816
717-233-1656
350 Hale Ave., Harrisburg
www.gshpa.org

JOSHUA GROUP

Provides hope and support for at-
risk Harrisburg youth through
educational and vocational
opportunities.
717-236-4464
1459 Market St., Harrisburg
(Joshua Learning Center)
www.joshuagroup.org

**THE JT DORSEY
FOUNDATION**

Uses the medium of soccer to
develop strong moral character,
inspire academic excellence and
promote community involvement
for participants. Serves inner city
youth ages five to 19 in the
Harrisburg, Lancaster and
Lebanon areas.
717-329-8937 www.jtdorsey.org
5901 Jonestown Road, Harrisburg

NEW HOPE MINISTRIES

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community services activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne) area.

771-432-2087

99 W. Church St., Dillsburg

www.nhm-pa.org

THE PROGRAM

“It’s About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

506 S. George Street, York

717-793-2389

www.theprogrambhg.org

SALVATION ARMY

Gives youth a chance to experience educational enrichment, life skills development, and spiritual and physical wellness.

717-233-6755

506 S. 29th Street, Harrisburg

www.salvationarmyharrisburg.org

SOUND COMMUNITY SERVICES, INC.

Reentry Services that include: AOD Alcohol & Other Drugs, R4W Ready4Work employment training, Parenting, Mentoring, Anger Management/Batters Intervention Services, Training available

2001 N Front St, Bldg #2, Suite 321

Harrisburg, PA 17102

717-961-9740

www.soundcommunitysolutions.org

PARENTING

(Also see CHILDREN)

ASERT AUTISM RESOURCE CENTER

Designed to bring together existing resources for families, providers, and self-advocates, and allow them to access a broad array of information to help meet the needs of those living with or serving people with autism.

877-231-4244

www.paaautism.org

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

PO Box 101, Enola.

www.autismharrisburg.org

GREATER HARRISBURG HEALTHY START

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

717-909-1278

www.harrisburghealthystart.com

HEALTHY STEPS DIAPER BANK

Mission is to provide diapers to children in need to keep children clean, dry, and healthy. To do that, Healthy Steps partners with local non-profit organizations who then provide the diapers free of charge to active participants of its program.

717-919-2590

4075 Linglestown Road,
Harrisburg

www.healthystepsdiaperbank.com

NATIONAL FATHERHOOD INITIATIVE

Vision is for every child to grow up with an involved, responsible and committed father.

301-948-0599

www.fatherhood.org

PARENTS HELPING PARENTS

A support helpline.
800-632-8188

www.parentshelpingparents.org

TRI-COUNTY COMMUNITY ACTION

Offers programs to support families developing parenting skills, enhancing communication, school readiness and household management. Also offers one-on-one in-home education for parents of children 0-5 years of age, and a program just for dads.

1514 Derry St., Harrisburg
717-232-9757

www.cactricounty.org

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. www.pawic.com
800-WIC-WINS (942-9467)

PREGNANCY SERVICES

(Also see WOMEN)

BETHANY CHRISTIAN SERVICES

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1,
Suite 201, Harrisburg

www.bethany.org

CARLISLE AREA FAMILY LIFE CENTER

Mission is to protect the unborn through emotional, material, and educational support of women and families.

717-243-1918

155 N. Hanover St. Carlisle

www.carlislefamilylifecenter.org

DIAKON PREGNANCY SERVICES

Offers free counseling to expectant mothers, with staff available to meet in total confidence at a location of your choice.

888-582-2230

www.diakon.org/pregnancy

**GREATER HARRISBURG
HEALTHY START**

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

Serving Harrisburg, Steelton, Highspire, Middletown.

717-909-1278

www.harrisburghealthystart.com

**LIFELINE PREGNANCY
CARE CENTER**

Goal is to help women and families from the time they find out they are pregnant until their children are about age six.

Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg

www.lifeline-pcc.org

**LOURDESHOUSE
MATERNITY HOME**

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central

Pennsylvania. 717-412-4865

120 Willow Road, Suite A.,

Harrisburg www.cchbg.org

**MORNINGSTAR
PREGNANCY SERVICES**

Pregnancy-related services and information including free pregnancy tests

2509 N. Front Street Harrisburg

717-901-2799

503 Bridge St., New Cumberland

717-901-5433

35 S. Union St., Middletown

717-944-3888

www.morningstarclinics.com

**WOMEN'S CARE CENTER OF
YORK**

Provides free, confidential counseling, support and education to women facing unplanned pregnancies.

717-854-6285

40 S. Richland Ave., York

RAPE

(See also ABUSE, VICTIMS)

EMERGENCIES

911

DOMESTIC VIOLENCE

HOTLINES

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/S
NYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYLKILL: 800-282-0634

YORK: 800-262-8444

PENNSYLVANIA COALITION AGAINST RAPE

Works to end sexual violence and
advocates for the rights and needs
of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

www.pcar.org

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER

Prevents sexual violence and
promotes healing for those
impacted.

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

www.sarcclebanon.org

YWCA OF CARLISLE – SEXUAL ASSAULT/RAPE CRISIS SERVICES OF CUMBERLAND COUNTY

888-727-2877

301 G Street, Carlisle

www.ywacarlisle.org

YWCA OF GREATER HARRISBURG

Violence intervention and
prevention services.

Provides comprehensive crisis and
counseling services to victims of
domestic violence and sexual
assault, including a crisis hotline,
individual and group counseling
and medical and court
accompaniments.

800-654-1211

1101 Market St., Harrisburg

www.ywcahbg.org

YWCA of YORK/VICTIM SERVICES

Sexual violence hotline
800-262-8444
717-846-5400
www.ywcayork.org

SENIOR CITIZENS

AARP

888-687-2277
www.aarp.org

APPRISE HELPLINE

(Pennsylvania Department of Aging)
Offers a free health insurance counseling program designed to help older Pennsylvanians with Medicare.
800-783-7067

AREA AGENCIES ON AGING

(Usual sources for meals on wheels)
Adams County: 717-334-9296
Cumberland County: 717-240-6110
Dauphin County: 717-780-6130
Lancaster County: 717-299-7979
Lebanon County 717-273-9262
Perry County: 717-582-5128
York County: 717-771-9610

ALZHEIMER'S ASSOCIATION

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.
800-272-3900 (helpline)
www.alz.org

DAUPHIN COUNTY ELDER ABUSE HOTLINE

1-866-723-3111

MEDICARE

www.medicare.gov
Centers for Medicare and Medicaid Services, www.cms.gov, provides information for the Medicare and Medicaid consumer

NATIONAL CENTER ON ELDER ABUSE

Provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public.
855-500-3537
www.ncea.acl.gov

PACE AND PACENET

State prescription program for lower income seniors.
800-225-7223

**PENNSYLVANIA
DEPARTMENT OF AGING**
www.aging.state.pa.us
Elder Abuse Hotline 800-490-8505

**PENNSYLVANIA
DEPARTMENT OF BANKING
AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.
800-722-2657
www.dobs.pa.gov

**PENNSYLVANIA SENIOR
LAW HELPLINE**

Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.
877-727-7529
www.seniorlawcenter.org

**RSVP OF THE CAPITAL
REGION**

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.
717-541-9521
50 Utley Drive, Suite 500, Camp Hill
www.rsvpcapreg.org

**SOCIAL SECURITY
ADMINISTRATION**
800-772-1213 (national)
555 Walnut St., Suite 810,
Harrisburg
www.ssa.gov

**DAUPHIN COUNTY SENIOR
CENTERS**

****Please contact your County's
Aging Office for your County's
Senior Centers Information**

**EAST HANOVER SENIOR
CENTER**

Municipal Building
8848 Jonestown Road, Shellsville-
Grantville, PA 17028
Telephone Number: (717) 469-
7514

**B'NAI B'RITH SENIOR
CENTER**

130 S. 3rd Street Harrisburg, PA
17101
Telephone Number: (717) 232-
7516

**LICK TOWERS SENIOR
CENTER**

1301 N. 6th Street Harrisburg, PA
17102
Telephone Number: (717) 257-
5421

**JEWISH COMMUNITY
CENTER**

Senior Adult Program (Kosher
Meals)
3301 N. Front St, Harrisburg, PA
17110
Telephone Number: (717) 236-
9555

**HEINZ-MENAKER SENIOR
CENTER**

1824 N. 4th St, Harrisburg, PA
17102
Telephone Number: (717) 238-
7860

MOHLER SENIOR CENTER

25 Hope Dr., Hershey, PA 17033
Telephone Number: (717) 533-
2002

**LOWER PAXTON TOWNSHIP
FRIENDSHIP SENIOR
CENTER**

5000 Commons Dr., Harrisburg,
PA 17112
Telephone Number: (717) 657-
1547

**LYKENS BALLROOM
SENIOR CENTER**

200 W. Main Street, Lykens, PA
17048
Telephone Number: (717) 453-
8350

**MILLERSBURG SENIOR
CENTER**

109 Edward Dr., Millersburg, PA
17061
Telephone Number: (717) 692-
2657

**HOY/LATSHA SENIOR
CENTER**

301 Mohn Street, Steelton, PA
17113
Telephone Number: (717) 939-
9833

STEELTON SENIOR CENTER
900 Cumbler Street, Steelton, PA
17113
Telephone Number: (717) 649-
0136

BISTLINE SENIOR CENTER
1291 S. 28th Street, Harrisburg,
PA 17111
Telephone Number: 717-939-
9301, Ext 524

**RUTHERFORD HOUSE
SENIOR CENTER**
3300 Parkview Lane, Harrisburg,
PA 17111
Telephone Number: (717) 564-
5682

VETERANS

**VETERANS NATIONAL
CRISIS LINE**
800-273-8255

**DAUPHIN COUNTY
VETERANS AFFAIRS**
717-780-6357
2 South Second Street Harrisburg,
fourth floor

HARRISBURG VET CENTER
(U.S. Department of Veterans
Affairs)
717-782-3954
1500 N. Second St., Suite 2
Harrisburg, Pa.
www.va.gov

**ROBERT M. JACKSON
VETERANS CENTER, INC**
Offers low-income housing
alternatives, counseling, case
management, education and job
readiness training, personal and
financial development, veterans'
benefit resource assistance,
clothing and food pantry
assistance.
717-695-6249
316 Carlisle St., Harrisburg
www.rmjvc.org

**LEBANON VA MEDICAL
CENTER**

717-272-6621

800-409-8771

1700 S. Lincoln Avenue, Lebanon

www.lebanon.va.gov

MAKE THE CONNECTION

An online resource designed to connect veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

www.maketheconnection.net

**NATIONAL COALITION FOR
HOMELESS VETERANS**

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)

800-VET-HELP www.nchv.org

**PENNSYLVANIA
DEPARTMENT OF
MILITARY AND VETERANS
AFFAIRS**

Provides advice and assistance to Pennsylvania's nearly 800,000 veterans and their families.

www.dmv.pa.gov

**PENNSYLVANIA VETERANS
REGISTRY**

An online application that allows veterans, family members and people who work with veterans to connect with Department of Military and Veterans Affairs to request information related to the valuable state benefits, programs and services offered.

www.dmv.state.pa.us

**SUPPORTIVE SERVICES FOR
VETERAN FAMILIES**

(Volunteers of America
Pennsylvania)

Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties.

717-236-1440

2112 Walnut St., Harrisburg

www.voapa.org/veteran-services

**U.S. DEPARTMENT OF
VETERAN AFFAIRS**

GI Bill 888-442-4551

Healthcare benefits 877-222-8387

PTSD 802-296-6300

www.va.gov

YWCA VETERANS SERVICES

Works closely with area service providers and agencies to ensure that all veterans and their families receive the best possible care through eligible programs. 800-654-1211 (24-hour hotline)

www.ywcahbg.org

VICTIMS

(See also ABUSE, RAPE & WOMEN)

**PENNSYLVANIA OFFICE OF
VICTIM ADVOCATE**

Works to provide victims of crime with notifications, support and advocacy services.

800-563-6399

1101 S. Front St., Suite 5200,
Harrisburg

www.ova.state.pa.us

**VICTIM SERVICES DIVISION
(Cumberland County)**

Assists victim and witnesses of crime during their involvement with the criminal justice system.

Main office

717-240-6220

717-258-4806

2120 Market St., Camp Hill

717-761-5599

York 800-262-8444

Perry County 717-582-8900

www.dvscp.org

**DAUPHIN COUNTY
VICTIM/WITNESS
ASSISTANCE PROGRAM**

Strives to reduce the trauma of a crime by empowering and assisting crime victims, witnesses and significant others in reconstructing their lives through advocacy, support, information and referrals.

717-780-7075

25 S. Front St., 7th floor,

Harrisburg

www.victimwitness.org

**YWCA of YORK/VICTIM
SERVICES**

www.ywcayork.org

Sexual violence, 800-422-3204 or
717-854-3131

Domestic violence, 800-262-8444
or 717-846-5400

VOLUNTEER

(See also EDUCATION FOR
ADULTS
and MENTORING)

**HABITAT FOR HUMANITY
OF THE GREATER
HARRISBURG AREA**

717-545-7299

900 S. Arlington Ave., #131A,
Harrisburg

www.harrisburghabitat.org

LEND A HAND

A local disaster response and
assistance program.

717-731-8888

2601 n. Front St. Suite 107,
Harrisburg

www.lendahand.net

**MENNONITE DISASTER
SERVICE**

Volunteer network of Anabaptist
churches that responds to those
affected by disasters in Canada and
the United States.

717-735-3536

800-241-8111

583 Airport Road, Lititz

www.mds.mennonite.net

RSVP OF THE CAPITAL REGION

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.

717-541-9521

50 Utley Drive, Suite 500, Camp Hill

www.rsvpcapreg.org

UNITED WAY OF THE CAPITAL REGION

Volunteer Center program's mission is to advocate for volunteerism and serve as a clearinghouse for volunteer opportunities and needs in Dauphin, Cumberland and Perry counties.

717-732-0700

2235 Millennium Way, Enola

www.uwcr.org

VOLUNTEERS OF AMERICA PENNSYLVANIA

A ministry of service providing people in need with support skills and tools that lead to individual empowerment, self-sufficiency and stability.

717-236-1440

2112 Walnut St., Harrisburg

www.voapa.org

WOMEN

(See also CHILDREN, MEDICAL and PREGNANCY SERVICES)

BABIES

(Healthy Baby Helpline)

Pennsylvania Department of Health

Provides information to those who are pregnant or think they may be pregnant.

800-986-BABY

BABY LOVE

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

www.babylove.hamiltonhealthcenter.com

BETHANY CHRISTIAN SERVICES

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1, Suite 201, Harrisburg

www.bethany.org

**BRIDGE OF HOPE
HARRISBURG AREA**

Vision is for communities in both Dauphin and Cumberland counties where no family is homeless.

717-635-5957

PO Box 15212, Harrisburg 17105
www.harrisburg.bridgeofhopeinc.org

**COMMUNITY CHECK UP-
CENTER**

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor
www.communitycheckupcenter.org

EVERGREEN HOUSE

(Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B,
Harrisburg

717-412-4594

www.cchbg.org

**FAMILY HEALTH COUNCIL
OF CENTRAL PA.**

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

www.fhccp.org

**YORK INTENSIVE FAMILY
SERVICES**

Provides free life-affirming solutions to any woman or man facing an unexpected or unplanned pregnancy throughout the pregnancy until the child turns one.

717-843-7986

253 E. Market Street, York

**LIGHTHOUSE OUTREACH
CENTER**

An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg

www.lighthouseoutreachhbg.org

**LIFEPATH CHRISTIAN
MINISTRIES**

Operates programs for women and children.

717-845-7662

363-373 West Market Street, York

www.lifepathyork.org

**LOURDESHOUSE
MATERNITY HOME**

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central Pennsylvania.

717-412-4865

120 Willow Road, Suite A.,

Harrisburg

www.cchbg.org

35 S. Union St., Middletown

717-827-6129

www.morningstarclinics.com

**PENNSYLVANIA
COMMISSION FOR WOMEN**

Responsible for advising the Governor on policies and legislation that impact women.

717-772-3880

www.governor.pa.gov/about/pennsylvania-commission-for-women

PLANNED PARENTHOOD

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second Street,

Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681.

www.plannedparenthood.org

THE PROGRAM

“It’s About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

www.theprogramhbg.org

OTHER HELP

NORTHERN DAUPHIN HUMAN SERVICES CENTER

Children and Youth Services; Area Agency on Aging; Department of Drug and Alcohol; and numerous providers.

717-905-2700

877-893-3344

295 State Drive, Elizabethville

UPPER DAUPHIN HUMAN SERVICES CENTER

Operates food bank from 9 to 11 a.m. and 1:30 to 3:30 p.m. Monday through Friday. Individuals and families needing food are allowed to come one time per month.

717-453-9352

517 Main St., Lykens

www.upperdauphinhumanservices.com

**WHERE
TO GO
WHEN YOU NEED
HELP**

2021 EDITION